

WHEN THE DAILY GRIND WEARS YOU DOWN

If you are feeling worn down or excitement has turned to weariness, I hope you will begin a new week encouraged by these thoughts from Jim Martin's Encouragement Note. - Brian

Gordon MacDonald tells of a time, when as a child, he was traveling with his family on a dusty deserted road in Canada. It was late, and the family had been traveling the entire day. They were lost, tired, and becoming irritable with one another. They could not find a motel, and the few cabins they did see had "No Vacancy" signs in the window. The trip had begun with excitement, but all of that had worn away as they pushed ahead thinking they would soon find a place to stay. MacDonald continues by saying:

"I have often recalled the feelings and frustration of that late-night, dark-road experience whenever my life seemed to momentarily turn into a mindless or spiritless journey crammed with events (not experiences) and contacts (not relationships). In such confounding periods, my sense is that one feels like my family did that night in Canada. Where is all of this going? What does it mean? And, how will I know when the destination has been reached? Why has this exciting trip suddenly turned into a wearisome journey? Where will I find tranquility again?" (Restoring Your Spiritual Passion, pp. 7-8)

Maybe your job began as a wonderful, exciting opportunity. Yet, years later, this job has become a heavy burden. As colleagues leave, you learn from "corporate," they will not be replaced. More responsibility is piled onto your already full plate. You feel like you are drowning in a sea of overwhelming expectations.

"Why has this exciting trip suddenly turned into a wearisome journey? Where will I find tranquility again?"

The daily grind could be a job, a ministry, a situation with a difficult adolescent, or chronic health issues. When you are weary:

- Acknowledge that you are tired and weary.
- Pray to God regarding your work. Your work serves a higher calling than whomever you might report to within your company (Colossians 3:23-24). Even when your manager or supervisor fails to appreciate you, God values you and loves you.
- Rediscover simple moments of joy that have typically brought a smile to your face.
- Talk to a trusted friend. Sometimes simply voicing your concern or your worry can lighten your load.
- Pray that you might recognize the good moments, no matter how simple they are. They may be right in front of you.

August 25, 2024



Elders

Jeff Butler
Greg Hatton
David Hendricks
Richard Howard
Brent Lowe

Ministers

Butch Platt

Brian Lewis David Dirrim Thorin Turner Kyle Wilson

Secretary

Dana Chilcoat

Family Matters

Carla Hasley's mother is having some serious kidney issues at this time. Please keep her in your prayers.

Nelda Yoss' husband, Tom Yoss, has cancer and needs prayers. Please keep him and Nelda in your prayers.

Reece Miller, son of Jerry and Wilma Miller, will have neck surgery on August 28th at McBride Orthopedic Hospital in Oklahoma City. Please pray for a successful surgery and recovery. Thank You!

J.R. Caton, Debra Provence's brother, has had problems receiving a pacemaker and he will have surgery to try again to place a pacemaker. Please pray earnestly that this is successful. Please keep Debra in your prayers also.

Jennifer Wingard's friend's daughter is having complications from kidney surgery. Please keep her in your prayers.

Will Lampkin's knee surgery went well but he is in a considerable amount of pain. Please keep him in your prayers.



All ladies are invited to a baby shower for Carli & Thorin Turner on Sunday, <u>August</u> <u>25th</u>, at 3pm at the fellowship building at Southwest Church of Christ.

The Ladies Prayer Group meets on the 2nd and 4th Sundays of each month at 4pm. They will meet next on August 25th.



The Yellow House will hand out food on Monday, <u>August 26th</u>, from 8am - 10am. Helpers this month are: Chuck Love, Scott Estes, Mark & Cindy Coleman, Carolyn Pults, Janna Byrd, Donna Duncan, Tommy Myers, & Glenn Ogle.

1 Thessalonians 5:17

"Pray without ceasing."

Please continue to pray for...

Lea Crain, Arles Wells, Mary Barrett, Jana & Stacey Stewart, Barbara Cannon, Paula Hatton, Ken & Wanda Roper, Leon Hughey, Myrtie Clarke, Nash Gilliam, Betty Gerth, Barbara Hataway, Sherry Price, Dona Pippen, Barbara Lewis, Randy Hall. Ronald Trent, Sue Silkey, Shirley Love, Gerald Katie Meaders, Joliff, Cherry Johnnie Sing, Bennett, Shirley Perry, Pattie Mitchell. Debbie Warner Fleck, Harber, Randv Wilson and Thayne Consequellos.

Happenings

Church Events & Announcements

We are in need of a 2nd - 4th grade teacher for the next quarter. If you can help with this, please see Dusty Dennis.

Sunday, <u>September 1st</u>, we will be starting a new quarter and it will be promotion Sunday. Everyone will move to their new appropriate classes.

There will be a breakfast for the widowers and single men on Tuesday, <u>September 3rd</u>, in the fellowship building. Coffee is at 7:30am and breakfast is at 8:00am.



Tuesday morning ladies' Bible class will begin on **September 3rd** at 10am in the fellowship building.

The Golden Doers lunch will be on Sunday, <u>September</u> <u>8th</u>, in the fellowship building following our morning services. If you are 60 years or older, please come join us.

Meals On Wheels week will be <u>September 9th - 13th</u>. Those helping this time are: Tommy Myers, Bill Young, Don Kite, Dub Borders, & Chuck Love.



The Wednesday Night for the Master meal will be on **September 11th** at 5:45pm in the fellowship building.





August at a Glance

01-02 Eagle's Camp

03 School Supply Drive04 Elders/Deacons/Ministers Meet.

Youth Meal/Fellowship

05 AWTG (Eastside)

06 Widower's Breakfast

09-11 College Group Float Trip

11 Ladies Pr. Grp, Youth Meal/Fell.

18 Youth Meal/Fellowship

19 College Howdy Week

21 Yellow House Food Pick Up

25 Turner Baby Shower, Ladies Pr. Grp, Youth Meal/Fellowship

26 Yellow House

28 Summer Series Ends

29 Youth Hm. Bible Study Begins, College Meal/Devo (Hudson)



TEENS AND YOUTH

August 25th

Youth Group Meal & Fellowship

September 6th - 8th

Move Youth Conference Oklahoma City



August 29th

College Meal & Devo (Hudson)



08/25 Jayme Hataway
08/26 Karan Huddleston
08/28 Sadie Bryant,
Brian Lewis,
Bobbie Rutherford
08/29 Jered Cartwright,
Lauren Chilcoat,
Denise Platt,
Kaylyn Rowsey
08/30 Wanda Roper

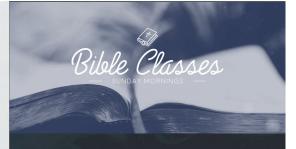


08/25 Justin & Ashley Dansby 08/27 Patrick & Kimra Qualls

who's your DNE?

PRAY FOR OUR SERVICE MEN & WOMEN

Heaven Allen Hunter Wilson
Michale Perry Clay Wilson Jr.
Josh Higginbottom
Frank Holsapple Jr.



Adults

Jet McCoy Auditorium

Jeff Butler

1 Timothy

Room 100

David Dirrim

Adult Bible Class

Fellowship Building

Drew Adams & Brad Trekell
God Didn't Say That
Room 111

College Group

Youth Group

Kyle Wilson

Thorin Turner

Room 107 Room 101

Elementary

5th - 6th grades: Room 104

2nd - 4th Grades: Room 102

K - 1st Grade: Room 105

Preschool

3's & 4's: Room 112 Toddlers: Room 114

Babies: Room 113

For the Record: 08/18/2024

Contributions

Bible Study 200
AM Assembly 254

PM Assembly 143

Wednesday PM 170

\$13,280

Budget \$13,777

SERVING THIS WEEK

Sunday Morning:

Song Leader: Thorin Turner Opening Prayer: Greg Hatton Closing Prayer: Quaid Clark Scripture Reading: David Lewis

Lord's Supper Thoughts: David Dirrim Communion: Steve Black, Matt Bryant, Tuker Dennis, David Dirrim, Chuck Love, Keith Nail, Ronnie Osborn, Kerry White

Alternate Communion: Jet Frye & Drew Graham Balcony Communion: Don Kite & Tommy Myers

Nursing Home Communion: Mark Clark

Attendance Counter: Jag Frye

Safety Team Walk **AM/PM**: Jared Hudson Safety Team Camera **AM/PM**: Casey Farrar

Coordinator **AM/PM/Wed**: Cody Frye & Todd Martin Sound Booth **AM/PM/Wed**: Ried Duncan & John Eck

Welcome Desk (August): Greg & Diana Hatton Greeters (August): Quaid & Amy C. & Kellie H. & Juanita S.

Sunday Evening:

Song Leader: Scott Estes

Opening Prayer: Jack Cadenhead Closing Prayer: Hunter Nickell Attendance Counter: Alan Simpson Communion: Joe Dirrim & Mark Tinsley

Wednesday PM:

Song Leader: Brian Lewis

Announcements/Opening Prayer: Brian Lewis

Closing Prayer: Brad Trekell

Summer Series Speaker: Buster Sides Attendance Counting: Caleb Estes Safety Team Walk: Kyle Wilson Safety Team Camera: Nathan Lewis

ORDER OF WORSHIP

Welcome

Our God He Is Alive

Scripture Reading: 1 Chronicles 16:23-25

Prayer

Faithful Love

10.000 Reasons

When I Survey the Wondrous Cross

Thoughts From the Cross: David Dirrim

Before the Throne (Verses 1 & 2)

Lord's Supper

Before the Throne (Verse 3)

Contribution

Ancient Words

A.M. Lesson: Worship & Celebration

Seek Ye First

Announcements

Still

Prayer

P.M. Lesson: Missions Report

An elder and his wife are available in the classroom of the middle hallway of the building during each invitation.

Shepherd for August: David Hendricks

Supporting Shepherd & Wife: Richard & Camille Howard

August Contribution Counters:

Tommy Vass, Caleb Estes, Brad Butler

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ONLINE GIVING



Sunday

Bible Classes - 9:00 a.m.

Morning Worship - 10:00 a.m.

Evening Worship - 5:00 p.m.

<u>Tuesday</u>

Ladies Bible Class - 10:00 a.m.

Wednesday

Bible Classes - 6:30 p.m.

Worship & Classes Online

facebook.com/swcocada

youtube.com/swcocada









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